



Gardening Workshop

KS2 Sample Lesson Plan

Sowing and Growing – what do plants need?

- Activity:**
1. Handling and observing different soils.
 2. Preparing vegetable beds for sowing.
 3. Sowing seeds and plants in indoor and outdoor locations.

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| 9.45 – 10.00am | Welcome students. Introduction to the allotment. Health and safety – no running, tap water, tools and washing hands at the end of session. | | |
| 10.00 – 10.05am | Starter activity on what plants need to grow. Split into 3 groups. | Starter words | <i>Scatter words</i> |
| 10.05 – 10.35am | <p>1. Prepare bed for peas, sow pea plants. Finish digging over long bed, sow roots & beets in middle section. LF</p> <p>2. Learning what a plant needs to grow. HP</p> <p>3. Sowing Squash, Pumpkin, Sweetcorn & Courgette Seeds. RH</p> | Hand tools, Soil Conditioner, Compost, Wheel Barrow, Pea Sticks, Labels, Watering cans, Knee Pads Pots, paper for modules, compost, riddles, seeds, labels, pencils, watering cans | <i>Pea Plants</i> <i>Roots & Beets Seeds</i> |
| 10.35 – 10.55pm | Swap round | HP thermometer Soil bowls, bean seeds etc | |
| 10.55 – 11.15am | Swap round | | |
| 11.15 – 11.35am | <p>Finish digging over long bed & Watering LF</p> <p>Taste & Harvest Salad Leaves, Rocket & Herbs. HP</p> | Wheelbarrows, spades, hand tools, compost. Knee Pads. Watering Cans Bowls/baskets/bags | |

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| 11.35 – 11.45am | Clear away tools, tidy up growing area. Review work completed. WASH HANDS. | Trug, soap, water, towel. | |
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