



Gardening Experience Workshop

KS1 Sample Lesson Plan

Sowing and Growing – important parts of a plant

- Activity:**
1. Different parts of a plant - understanding seeds.
 2. Understanding what helps a plant to grow.
 3. Starting vegetables in the garden

9.30-9.40am	Welcome students. Introduction to the allotment. Health and safety – no running, tap water, tools and washing hands at the end of session.	
9.40 – 9.45am	Starter activity – putting words together – parts of a plant and naming vegetables. Split into 3 groups.	Starter words
9.45 – 10.10am	<p>1. Wheelbarrowing compost and digging over beds. Looking at garden compost. Plant out Squash/Sweetcorn. Sowing salad seeds. LF</p> <p>2. Making paper modules and sowing peas or sweetcorn. RH</p> <p>3. Looking at bean seeds. Making bottle cloches. HP</p>	<p>- Hand tools, rakes, trugs, kneelers, wheelbarrows, soil conditioner. Seedlings, Seeds, Riddle</p> <p>- Newspaper, cardboard rolls, pea seed, compost, riddles, labels, pencils.</p> <p>- Bean seeds and bean case, plastic bottles and stickers</p>
10.15am-10.40am	Swap round	
10.45 – 11.10am	Swap round	
11.10 11.20am	Harvest and taste Salad Leaves, Rocket & Herbs	Bowls, baskets, bags
11.20 – 11.30am	Clear away tools, tidy up growing area. Review work completed. WASH HANDS.	Trug, soap, water, towel.