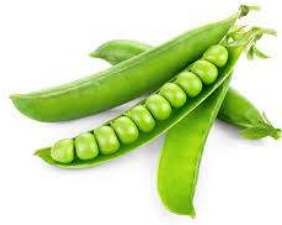


Peas



There's nothing like the flavour of freshly picked peas. Use them as quickly as possible after picking to keep all the sweetness.....



Find a pot for your peas. You can use an egg box or the cardboard inner of a toilet roll

Fill the pots with compost. empty margarine container



Keep them upright. You may need to put the cardboard rolls into an

Make a hole in your compost up to your first finger joint (about 2 cms) Drop the pea seed in and cover it over

Write a label with the date and **PEA** on it and slide the label down the inside of your pot keeping it away from you pea seed.

Lollypop  sticks make excellent labels



The first frozen peas were frozen in the 1920's by Clarence Birdseye!

Water well and place in a sunny position and in a week or so start to watch the peas grow

When they are about 12 cms high they are ready to go outside. Get them used to the outdoors by putting them outside for a few hours each day for a week.

Plant your peas in their final position. It can be in a container or the ground. If you have used a cardboard pot you can put the whole pot in the ground (or carefully slit it down the side). This avoids the roots being disturbed.

PEAS LIKE TO CLIMB! Give your pea a twiggy stick or some netting to climb up.

Once they start to produce flowers and fruit it won't be long before you can enjoy eating your peas – fresh from the pod or cooked.



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