

## Health and Safety – Generic Risk Assessment

**Activity:** Cooking with children at Court Farm  
**Location:** Court Farm, Tillington  
**Date of work:** Summer 2016

**Assessed by:** L. Foti  
**Signature:**  
**Assessment date:**

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Hazard to health – potential for harm	Who's at risk	Risk Level (H/M/L)	Precautions (Action) required to reduce the level of risk
Cross contamination from children's hands.	All	L	All children and adults entering the Plot Box kitchen will be required to wash their hands.
Knives – cuts	All	M	Children will be instructed in safe knife skills and techniques. Two adults will always be present. Children will be instructed to stay at their 'work station' and will be closely supervised at all times. Proper knives will only be used by children deemed competent. Safety knives will be used by younger children.
Induction hob / Electric multicooker - burns	All	M	Only one hob will be used at any one time. It will be placed away from the children. Children will be instructed to stay at their 'work station' and will access the hob one or two at a time under close supervision. Clear instructions to keep a distance from it unless instructed.
Hot Pans – burns or scalds.	All	M	Only one hot pan will be used at any one time. It will be heated up away from the children. Children will be instructed to stay at their 'work station' and will attend the cooking pan one or two at a time under close supervision for stirring/adding ingredients. Clear instructions to not touch the sides of the pan.
Scalding from splashes of hot liquids in the pans and from kettles	All	M	Kettles will always be operated by adults. Children will be instructed to stand back from any hot pan. They will be supervised when stirring or adding ingredients.
Slipping on wet floors	All	L	Vegetable produce will be washed outside the Plot Box kitchen. Hand washing will occur before entering the kitchen. Minimum water will be available within the kitchen and will be closely supervised by adults.
Food allergies and Intolerance	Children	M	Teachers, parents and guardians will be asked to inform the supervising adults of any allergies to touching or eating vegetables and other foods. Gloves are available. The kitchen will be nut free if there is a child present with a nut allergy.
Tripping in the kitchen	All	L	The floors will be kept clear, dry and clean. Children will be instructed to stand at their 'work station' and to not move around unless instructed. Children will be supervised entering and exiting the Plot Box kitchen.
Fire – burning/smoke inhalation.	All	M	One main door to the kitchen will be open at all times. Children will be evacuated in an orderly and controlled way under supervision and taken into the Growing Local garden. A register of children will be with the supervising adult.
Food safety – cross-contamination and food health incidents	All	M	All equipment, floors, tables will be washed, cleaned and disinfected for each workshop. All vegetable produce from the garden will be washed before entering the kitchen The kitchen will be <b>meat free</b> Foods will be heated above 75°C to destroy bacteria Temperature probe to be used before consumption Food will be stored below 5°C and used within the use by dates

		Likely severity of injury		
		Low	Medium	High
Likelihood of occurrence	Low	Low	Low	Medium
	Medium	Low	Medium	Medium
	High	Medium	Medium	High

### Guidance note: severity of injury

Low –minor injury (cut, bruise etc) to one person

Medium – minor injury to several people or medium injury (cut, broken bone etc) to one person

High – medium injury to several people or major injury/death to one or more people. NO activities should be carried out with a HIGH risk. Put precautions in place to reduce the risk or DO NOT carry out the work

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<i>Cross-contamination when tasting food.</i>	All	L	Separate spoons, forks, mugs, bowls when tasting
<i>Scalding when eating food</i>	children	L	When eating soup/stew children will be instructed to eat with a spoon and not directly from the mug/bowl. Children will sit down whilst eating.
<i>Children wandering off, getting lost</i>	children	L	Children to be monitored by an adult when passing between the garden gate and the Plot Box. Children to be accompanied by an adult/s when going to the toilet and when walking to and from the bus.
<i>Plant allergy in the garden – allergic reaction</i>	All	L	Check individual reactions to plant contact. Wear gloves when touching plants, especially squashes if known to have an allergy. Vegetables and fruit to only be eaten under adult guidance. Teachers, parents and guardians asked to inform the supervising adults of any allergies to touching or eating garden fruit and vegetables
<i>Water from garden tap – not for drinking</i>	All	L	Verbal warning, written sign below tap, instructions on where to find safe drinking water.
<i>Soil – contact with skin and face – spread of germs</i>	All	M	Verbal warning not to touch faces whilst at the gardens and to wear gloves if a child has a cut or sore on their hands. ALL CHILDREN MUST WASH HANDS AFTER HANDLING ANY MATERIALS. Antibacterial handwash kept in shed.
<i>Falling off seats/ tables</i>	children	L	Verbal warning to not climb on seats. Students instructed to sit properly – no pushing. Seats placed on hard, level surface.
<i>African cookstove and tasting – injury from burning</i>	All	L	All children to be constantly supervised in cooking area. Only adults to handle matches. Matches to be kept in a container and kept away from children. Proper space observed around stove. Children to remain seated and only one child allowed at a time to closely observe cookstove under adult instruction.. Each child to have a separate clean spoon . An adult to check the temperature of the food before tasting. Only adults to hold the pan. The hot pan to be taken of the stove and placed away from where the children are seated – within an area that the children do not walk.

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